

Ivan Hollingsworth

Business Mentor & Coach



BOOK IVAN

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ABOUT IVAN

Ivan Hollingsworth is the founder and director of Cenric Consultants – a business founded in a bid to tackle ‘culture-washing’ and support business leaders to build strong, sustainable, high-performing teams based on trust and psychological safety.

Ivan founded the business after spending over 16 years in the pharmaceutical industry, working and interacting with a wide-range of different team dynamics both in the private and public sector. His bespoke approach includes open and candid discussion on his career experiences in a competitive industry, as well as how the highs and lows of his training as an elite-level athlete has allowed him to observe and identify what makes a truly high-performing team.

Since the business was founded he has worked with clients across the UK, bringing his unique combination of lived-experience and comprehensive knowledge and research to clients including ITV, Norgine Pharmaceuticals and award-winning digital agency MediaWorks. Ivan specialises in working closely with senior decision makers and teams to increase performance, reduce burnout and retain staff who are happy, healthy and fulfilled.



Alongside his impressive career, Ivan has raised over £500,000 for charity and is chair of the board of trustees for The Children’s Heart Unit Fund (CHUF).